



# Essential TST information

## Packing guidelines

### PLEASE READ

We recommend **two bags only**: a suitcase for clothing and a large duffel bag for a sleeping bag and pillow. No loose items please.

- + **When getting bedding and sleeping bags out of storage**, we recommend using one of the following methods to eliminate the possibility that any bugs or eggs may have made a home over the winter months: place items in a clothes dryer on high heat for 30 minutes, vacuum, or clean with soap and water or an alcohol-based cleaning product.
- + **A “stuff” bag or duffel bag for your child’s sleeping bag and pillow is a must.** A rolled sleeping bag always comes unravelled when walking through camp. Your child’s pillow also needs to be stored in the duffel bag.
- + **Place toiletries in a type of plastic bag or kit** that makes it easy to travel to the showers. This also reduces the chance of spilling.
- + **Pack together with your child.** This allows your child to know where everything is and to develop a sense of responsibility.
- + **We recommend packing all clothes in a heavy gauge garbage bag**, squeezing air out, twisting shut, and then placing bag into luggage. In a separate bag, pack bedding the same way. Include some extra bags for dirty laundry.
- + **Bring any medications in their original packaging with you** to registration and check them in with a health officer on Opening Day. **Please do not pack medications in your child’s luggage!**
- + **Make sure your child’s name is on all items.**
- + **Identification tags on your bags is required with:** Child’s name, home address, parent cell number, and email  
It is a good idea to place an identification tag inside your baggage as well.  
**Make your bags visually distinctive so they are easier to find at pick up or if misplaced.**

**Everyone should bring** sleeved shirts, long pants, and closed-toe shoes/boots for their crew work. Make sure their clothes can get grubby and are **modest** so as not to be a distraction to others. Don’t over-pack! There is limited shelf space in the cabins.



### PACK

- Pajamas, underwear, and extra socks
- Warm jacket or sweatshirt, hat, and rain coat/poncho
- Modest one-piece swimsuit, beach towel, and sunscreen
- Two pairs of shoes (one pair closed-toe)
- Towel, wash cloth, toiletries, comb or brush, toothbrush, and toothpaste
- Sleeping bag and pillow
- Flashlight
- Water bottle
- Backpack
- Bible, notebook, and pen
- Shorts, t-shirts, long pants, and long-sleeved shirts
- Bug spray with DEET
- Disposable camera (optional)
- Extra trash bags for dirty laundry
- Prescription drugs (to be turned in at check-in)
- Guitar or other instrument for campfire activities



### DO NOT PACK

- No** food
- No** valuables
- No** weapons or firearms
- No** alcohol, tobacco, non-prescription or over-the-counter medications
- No** spending money (add to account prior to arrival)
- No** gaming devices, iPods or other MP3 players, radios, CD players, etc.
- No** cell phones or pagers

## Check-in

### Grades 9–12 Teen Service Team (TST)

#### Sunday

3–4:30 PM	Enter at Storybrook*
4 PM	Parent Orientation—Olson Auditorium

#### Saturday (June 16 and July 7)

5 PM	Enter at Storybrook*
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\*Camp staff will direct you to check-in location

#### Camper release

On Opening Day, you or the adult who drops your child off is required to list everyone authorized to pick up your child on Closing Day. These are the only individuals permitted to complete the check-out process and pick up your child (picture ID required). This process is required by State Law for your child’s protection.

## Check-out

### Grades 9–12 Teen Service Team (TST)

#### Friday

1 PM	Check-out—Gym/Endeavor Center
2 PM	Closing Ceremony— New Frontiers Amphitheatre
2:30 PM	Rallies—Soccer field

#### Camper release

Children are released after the Closing Ceremony and Rallies. Only the individuals listed during the Opening Day process are permitted to complete the check-out process and pick up their child (picture ID required).

## Note

### TST BANQUET INFORMATION

We will have a banquet the night before the TSTers go home to celebrate their hard work. Bring something casual dressy if they would like to dress up a little, but there is no need to bring any specific costumes or outfits—they can simply come as they are.

### TST PARKING

If your child drives to camp, their counselor will show them where to park and hold their keys during their TST session. SpringHill is not responsible for your child before arrival or after departure.