



# ESCAPE

FALL RETREAT 2017

**Spring Hill!**

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# TENTATIVE RETREAT SCHEDULE

## FRIDAY

4:00 – 7:30pm	Check-in	Welcome Center
5:00 – 8:00pm	Limited Open Activities Group Photo	Gym, Game Room, Pool, Gaga Ball, Zipline Billboard in Auditorium Courtyard
5:30 – 7:30pm	Optional Pizza Dinner	Dining Hall (\$5 per person)
8:15 – 9:45pm	Main Session	Olson Auditorium
8:30 – 9:00pm	Key Leaders Dismissed from Session for Leaders' Meeting	Dining Hall
9:45–10:15pm	Small Groups	Assigned Locations
10:15–11:15pm	Open Activities	Gym, Game Room, Pool, NF Zipline, Indoor High-Ad, Crafts
11:30pm	Lights Out	

## SATURDAY

7:30 – 8:30am	Breakfast A	Dining Hall
8:30 – 9:30am	Breakfast B	Dining Hall
7:30 – 9:15am	Activity Signup	Gym
9:45 – 10:45am	Main Session	Olson Auditorium
10:45 – 11:15am	Small Groups	Assigned Locations
11:30am – 12:15pm	Lunch A	Dining Hall
12:30 -1:15pm	Lunch B	Dining Hall
11:30am – 6:30pm	Open Activities	Various Locations
5:30 – 6:15pm	Dinner A	Dining Hall
6:30 – 7:15pm	Dinner B	Dining Hall
7:30 – 8:45pm	Main Session	Olson Auditorium
9:00 – 10:00pm	Small Group Campfires	Assigned Locations
10:15 – 11:15pm	Open Activities	Various Locations
9:15 – 11:00pm	Activities	Gym, Game Room, Pool, NF Zipline, Indoor HiAd, Crafts
11:30pm	Lights Out	

## SUNDAY

7:30 – 8:15am	Breakfast A	Dining Hall
8:15 – 9:00am	Breakfast B	Dining Hall
9:30 – 10:30am	Main Session	Olson Auditorium
10:30 – 11:00am	Small Groups	Assigned Locations
11:30am – 12:15pm	Lunch A	Dining Hall
12:30 – 1:15pm	Lunch B	Dining Hall
11:30 – 1:30pm	Open Activities	Various Locations

# SCHEDULE EXPLANATION

## ARRIVAL AND REGISTRATION 4:00-7:30pm Friday

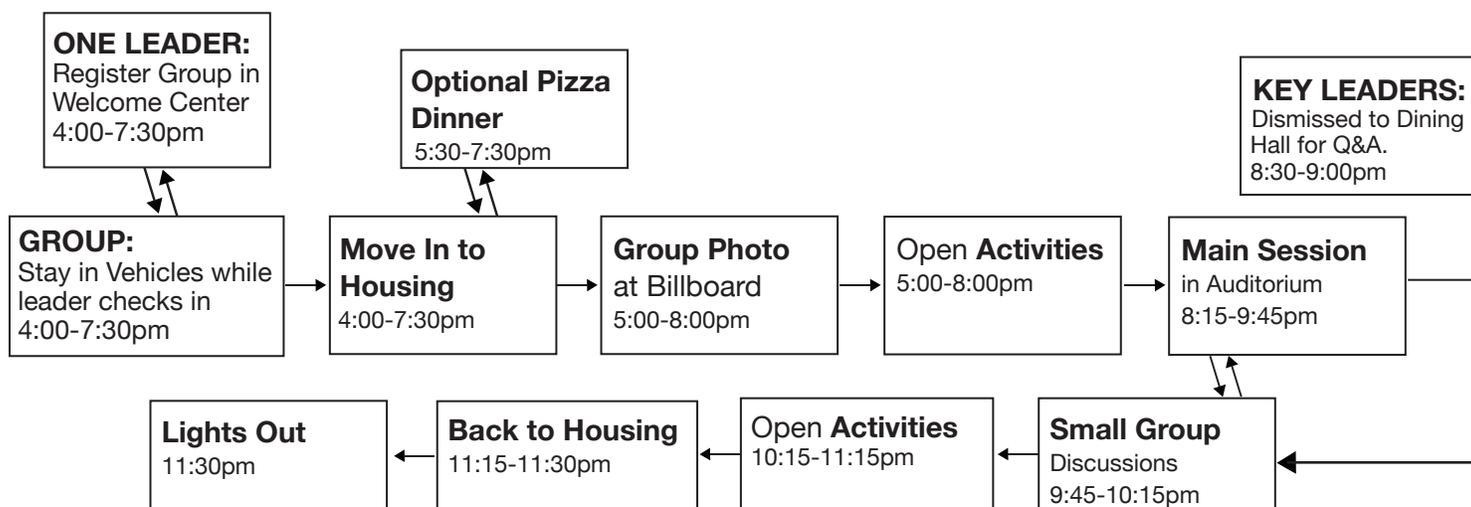
When you arrive at SpringHill Camps, please use the Main Entrance on 95th Avenue. Our staff will meet you at the entrance and assist you with parking your vehicles.

One leader should be prepared to handle registration for your entire group in the Welcome Center while the rest of your group waits in their vehicles.

Our Friday schedule gives you the option of an earlier arrival and pizza dinner, as well as access to activities at 5pm so your students have more time to enjoy all of what SpringHill has to offer!

Please specify on your Pre-Arrival Information Form (page 13) the time you expect to arrive at camp and whether you want to opt in to the Pizza Dinner.

If you are running late or plan to arrive after 7:30pm, please call the SpringHill weekend host at 231.580.8144 for assistance with check-in and getting to your housing.



## MOVE-IN AND GROUP PHOTO 4:00-7:30pm Friday

After registering, your group will be escorted by SpringHill staff to your housing area for move-in, and will provide instructions as to where to park your vehicles for the weekend.

Once you have moved in, please have your group meet at the billboard in the Auditorium courtyard for your group photo. Your group can then participate in open activities until session begins. A makeup time will be offered for group photos on Saturday after the morning session for groups arriving late.

## MAIN SESSIONS

There will be four large group sessions held in Olson Auditorium throughout the weekend. Sessions are geared to engage and reach each and every student with the gospel of Jesus Christ and challenge them to move forward in their walk with Him. Sessions are loaded with high energy, intense fun, dynamic messages, and talented musicians. We encourage leaders to sit and interact with their students during the sessions.

# SCHEDULE EXPLANATION CONTINUED...

## LEADERS' MEETING 8:30-9:00pm Friday

We'll dismiss the key leader from each church to the Dining Hall for a leaders meeting and to address any additional questions or needs you have.

## SMALL GROUP DISCUSSIONS

You and your leaders will be facilitating small group discussions with your students after each of the main sessions. This is a time when you can personalize the message for your students and help them apply it to their lives more directly.

Small group questions designed to support the messages will be provided for each of your small group leaders in order to facilitate these important times. The focus of this time is to encourage students to share their thoughts and decisions.

## ACTIVITY SIGNUP

There are an immense amount of activities at SpringHill. Only horseback riding, paintball and certain high adventure activities require signup because of instruction and/or limited capacity. See pages 8-9 for descriptions of all activities and associated fees.

Signup for activities will be held in the Gym on Saturday morning from 7:30-9:15. Activities fill on a first come, first serve basis.

The remaining activities will be available as "show-up," which means you can participate whenever the activity is scheduled open and staffed. If it requires an additional fee, you will pay at the activity.

# HELPFUL HINTS FOR LEADERS

## SET EXPECTATIONS FOR YOUR STUDENTS AND LEADERS

Set behavior expectations for your students before you come. Make sure you have some practiced behavioral management techniques at your disposal. It's a lot easier to accomplish your goals when everyone knows what's expected of them.

You should also set clear expectations for your leaders, which include their participation in all of the main sessions, responsibility for a specific small group of students, and active participation with their students at different activities throughout the weekend.

While we don't require a leader be with every student at every activity, we do recommend it! In addition, our licensing requires you to have at least one leader 18 years of age or older in every cabin your students are assigned. We recommend 1 leader for every 7 campers. Your leaders are the counselors, and are responsible for the behavior management of your group's students.

## STRATEGIZE YOUR TIME

Spending time learning, laughing and exploring with your students is critical. Have your leaders be intentional about getting to know the students in your group. During your weekend at SpringHill your leaders may spend as much time with your students as they would in an entire year of ministry at home. Make relationships a priority!

## PROGRAM OVERVIEW

Our programming is designed to capture your student's attention and get them thinking about our themed topics and teachings. The goal is to set you and your leaders up to help your students make specific personal application to their lives. Small group times, activity time, and hang-out time are as critical to life change and application as the time spent in Main Sessions.

## STUDY THE MAP

With more than 900 acres of property, it's a good idea to familiarize yourself and your students and leaders with the camp's layout. You will also find camp maps, as well as new directional signs around camp to help you get to where you're going.

## ASK LOTS OF QUESTIONS

That's the best way to get started. Ask lots of questions, we will give you lots of answers. We want you to have a stress-free retreat where your only responsibility is to have a blast with your students. Let us know how we can help you!

## JOIN US IN PRAYER FOR THE WEEKEND

- Pray that God will prepare the hearts of your students for what He has to teach them.
- Pray for our speaker, program team and the musicians as they prepare to share.
- Pray for our staff as we continue to make plans for this weekend and prepare the grounds.
- Pray in advance for the spiritual decisions and commitments your students will make at camp.

# SMALL GROUPS

Throughout the weekend, you will have the opportunity to lead a small group with the students you brought. Here are some suggestions on how to facilitate a successful small group.

## THE GOAL

The goal of the small group time is to help facilitate a connection between the main session content and your students' lives, and lead them into deeper discussions. Kids can sometime feel overwhelmed in large group settings, so use this time to get to know them personally, to help them build strong bonds with other kids from your group, and to challenge them to consider questions about their lives that will ultimately lead them to make decisions about their relationship with Jesus Christ.

Our speakers have worked together in advance to develop a small group curriculum which connects clearly to the drama, object lessons and teaching that will be presented from stage. Our expectation is that students will already have thoughts, ideas and questions of their own when they come from session to your small group times.

In addition, you may find it helpful to ask questions that follow a pattern of asking:

**What?** Ask your kids to talk about what happened, what they saw, and what they learned.

**So What?** Help your kids to express the implications of what they learned and how it affects their attitudes and feelings.

**Now What?** Give your kids the opportunity to synthesize what they learned and how it made them feel, predict what might happen next, and make a plan to do something new or differently because of what they are learning.

## IMPORTANT TIPS

It is important that you remember to be a facilitator, allow the students to talk; don't tell them anything that they can tell you.

- Set expectations up front about when to speak and when to listen, where and how to sit, etc.
- Avoid commenting on your students' comments; encourage them to discuss what their peers are sharing.
- Try to turn questions directed at you back to the group for their input and discussion.
- Value every member of your group: affirm and protect each member.
- Respect the opinions of every member of your group.
- Don't be afraid of silence, give them time to think and answer.
- Be patient, do not get frustrated, give your students a chance to get used to you.
- Use the questions given as a guide, but feel free to follow the Spirit's leading as well.

# SIGNUP ACTIVITIES

Signup for activities will be held in the Gym Saturday morning from 7:30-9:15. Activities fill on a first come, first serve basis. Initial signup will be limited to either horses or paintball and one high adventure activity per guest.

## **Horseback Riding \$15 (sign-up required)**

Explore the trails of SpringHill on the back of a horse. We'll saddle them up, and you get to ride! For your safety, closed toe shoes, and long pants are required. Children younger than 7 will not be permitted to participate in trail rides.

**For your safety, closed toe shoes, and long pants are required.**

## **Paintball \$15 (sign-up required)**

Gear up for a different adventure in the woods with a paintball marker and moving targets (a. k. a. your friends and siblings)! For your safety, long pants and long sleeves are required.

**For your safety, long, long sleeves and closed toe shoes are required.**

## **Ziplines Free (sign-up required)**

The CoCo Zipline takes off and sails you, 756' feet over Lake Jasper on its 6 lines! The New Frontiers Zipline boasts of eight lines, 1000' feet long, 18 mph, and 45 seconds of pure adrenaline.

## **Flying Squirrel Free (sign-up required)**

Imagine this...two poles as tall as the sky with a pulley in-between them...a rope running through the pulley and we attach you to the rope...at the other end of the rope are 8-10 of your favorite friends, you run and they run in the opposite direction and you swing through the air like a...flying squirrel.

## **Solo Challenge Free (sign-up required)**

It's just you on this challenge. It's you, the harness, a rope, and a 20' pole. Climb up to the top of the pole and jump. Can you do it? Step up and find out.

## **Double Giant Swing Free (sign-up required)**

Grab a friend and strap in together, then have the rest of your group pull you up. Pull the rip cord for a rip-roaring ride over the lake on our 40' giant swing. Wow... what a ride...

## **Fishing Free (sign-up required)**

See if you can beat last summer's record catch (a 22½" bass) at our Storybrook lake!

# OPEN ACTIVITIES

These activities will be available as "show-up," which means you can participate whenever the activity is scheduled open and staffed. If it requires an additional fee, you will pay at the activity. If you prefer to pay with a credit or debit card, you may purchase vouchers in the Trading Post.

## **New Frontiers Climbing Wall Free (weather permitting)**

If the mountain calls your name or you just want to be like Spiderman, our climbing towers are for you. With lots of levels of difficulty ranging from the beginner to the expert our climbing towers have a challenge for all.

## **EuroBungy Free**

Experience the adrenaline rush of bungee jumping as you perform gravity-defying maneuvers up to two stories high on our four-station EuroBungy. Located in the Gym.

# OPEN ACTIVITIES CONTINUED...

## Indoor High Ropes Free

Our indoor high ropes course is our newest activity addition to New Frontiers! Located in the gym, these elements are fun and challenging for any high-adventure enthusiast. Try the second level for an extra boost of excitement!

## Indoor Pool with Water Slides Free

Check out our awesome indoor pool with dueling spiral waterslides.

## Game Room Free

The Game Room is packed full of foosball, ping pong, and billiards tables. Ping pong balls can be purchased for \$0.25, and foosballs can be purchased for \$0.50. We also have a multitude of board games that can be borrowed. The Game Room is a great place to hang out with friends or warm up with some hot chocolate.

## General Sports Free

With Dodgeball and Gaga ball there's plenty of time to get in a few pickup games. All the equipment is out there. Just grab a few friends and go!

## Copper Country Archery Free

### Slingshots Free

### Riflery Free for 10 rounds

Whether you're William Tell or Daniel Boone, test your skills with our target sports.

## Lake Canoeing Free

Enjoy some time navigating Lake Jasper in a canoe.

For your safety, this activity is only open when scheduled and staffed, and life jackets are provided and must be worn the entire time you are on the water.

# CRAFTS

Our Craft Loft is located in the Summit Room, upstairs from the gym, and right next to the Game Room and Hill O' Beans Café.

## Survival Bracelets \$5

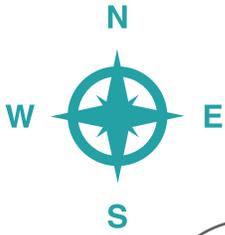
Turn ten feet of high-strength paracord into a cool and useful bracelet. And it looks sweet on you!

## Leather Bracelets \$5

Try your hand at leather tooling, with hundreds of stamps and several colors of dye to choose from. Then turn your creation into wearable art.

## Tie-Dye \$10

If being creative is your game, our Craft Loft offers the opportunity to customize your own SpringHill Tie-dye shirt. (Long sleeve \$15.)



Trappers Outpost

Luggage Drop-off & Pick-up

Copper Country Entrance

Huron Village

Pioneer Village



Fort Michilimackinac

Hidden Birch Inn

Riflery

Algonquin Village

Chippewa Village

Lake Jasper

Canoe Beach

Copper Country Climbing Wall



Horseback Riding

Townhouses

Copper Country Zipline

Norway

Giant Swing

Meadowlands

New Frontiers Climbing Wall

The Peaks

Founder's House

Trading Post



New Frontiers Zipline



New Frontiers Zipline



Endeavor Center

Indoor Pool Water Slides

Maple Grove Campground

Dodgeball

Gagaball

Olson Auditorium

Freedom Hall

New Frontiers Dining Hall

Volunteer House

Soccer Field

Luggage Drop-off & Pick-up

Main Entrance

Lothlorien

Provider

Cabooses

Lillie Station

New Frontiers Entrance

Aztec Village



Paintball



Trap Shooting

Engine Co. 44

Red Pine Park

Farm Village

Safari Village

Treehouses

Luggage Drop-off & Pick-up

Storybrook Entrance

95th Ave.



Storybrook

Copper Country

New Frontiers

SpringHill General



# EMERGENCY INFORMATION

SpringHill does not employ any medical personnel during the non-summer months. Therefore, we hope this information will be of use to you. Should an emergency occur, one of our hosts will be available to assist you.

During the day, our staff can be located by radio.

At night, please call the on-call host phone at 231.580.8144.

A phone is located in the Welcome Center for local calls only (dial '9' first).

Ambulance/State Police/Fire: 911

Reed City Hospital: 231.832.3271

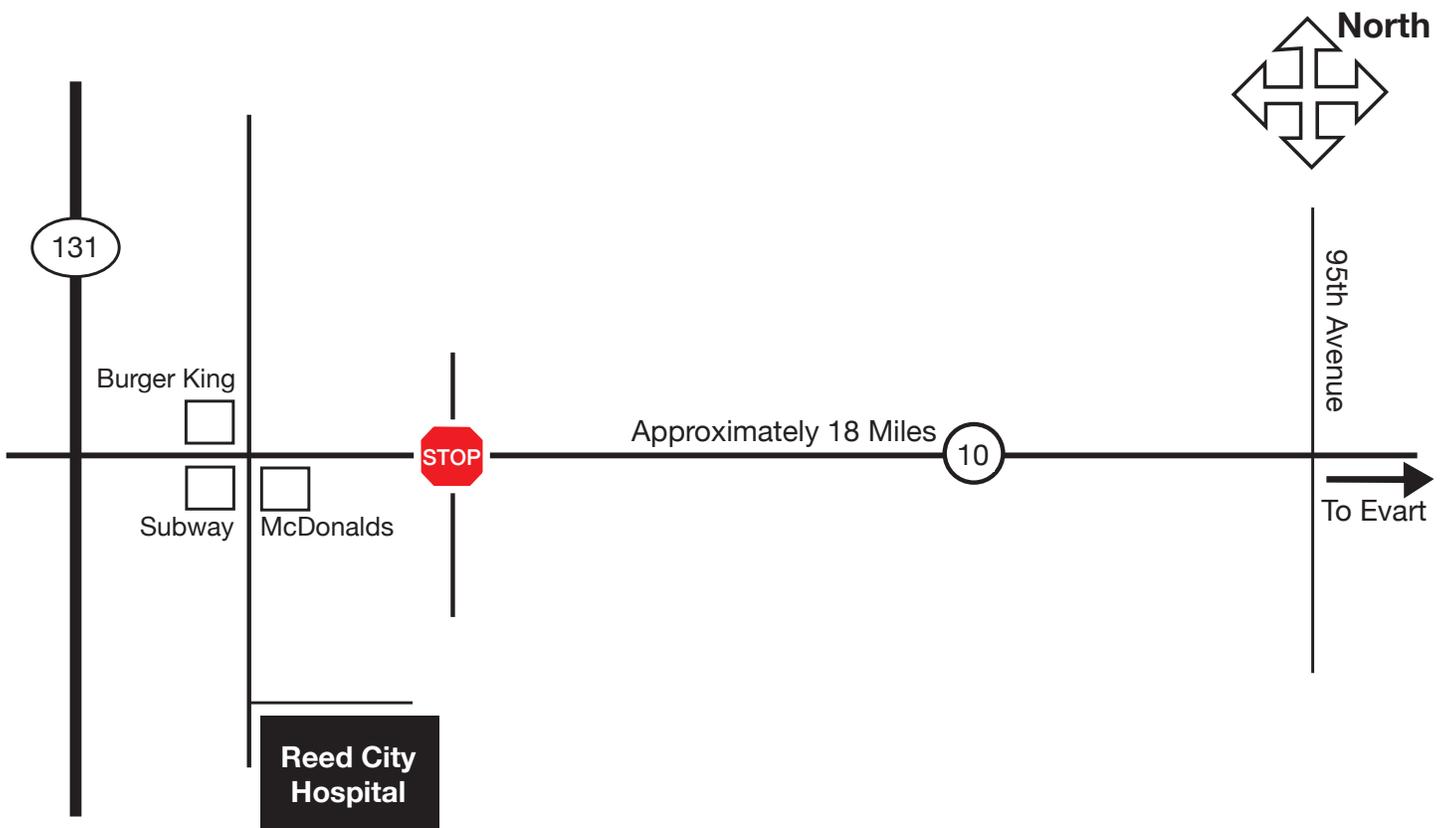
## MINOR EMERGENCIES

A first aid kit will always be available in the New Frontiers Infirmary.

Some members of camp staff are trained in first aid should you need assistance.

## SERIOUS EMERGENCIES

SpringHill staff cannot transport injured guests; therefore, you will be responsible for transportation to and from Reed City Hospital (231.832.3271), which is the closest facility for after hour emergencies.



# USING ONLINE HEALTH FORMS AND LIABILITY WAIVERS

Our student health forms and adult liability waivers are now only available online. Using this new system reduces the likelihood of lost paper forms and makes the information readily available for our youth leaders and our medical volunteers and hosts through the same system we use to manage over 20,000 summer campers every year.

## A SIMPLE 3-STEP SYSTEM

The online health forms and liability waivers can be completed using a simple, three-step system:

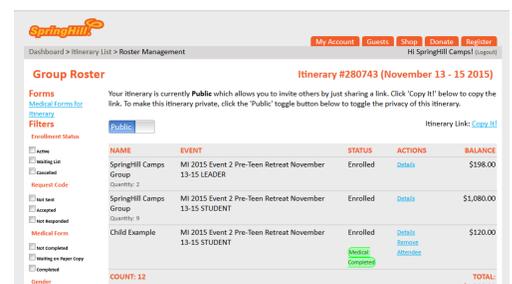
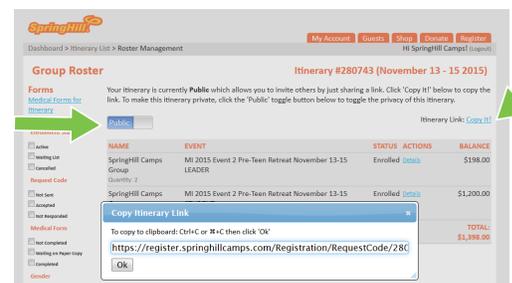
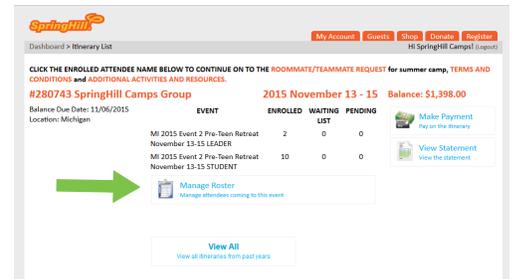
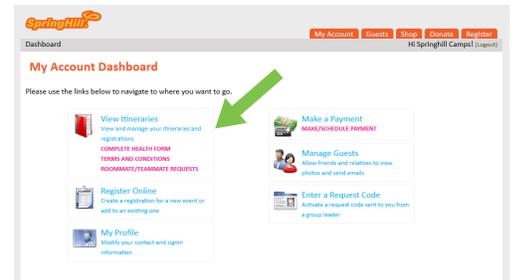
1. Log in to the account you used to register your group.
2. Retrieve the public URL from your Group Roster and email it to your students and adult leaders.
3. Check your Group Roster at any time to be sure each member of your group has completed the correct form.

## DETAILED INSTRUCTIONS

1. Begin by logging in to your account by clicking the “MY ACCOUNT” button in the upper right corner of our website at [www.springhillcamps.com](http://www.springhillcamps.com) or follow the link here: <https://register.springhillcamps.com/Login/Login.aspx>.
2. On your “Account Dashboard,” click on the “View Itineraries” button.
3. On the “Itineraries” page, find your Retreat itinerary for this year and click on the “Manage Roster” button.
4. You will see a list of leader and student registrations. At this point, all spots are anonymous and unnamed. To invite your students and leaders to complete the appropriate forms.

Set to PUBLIC. It allows you to send one link to all students and leaders in a regular email that you create and send from your own email account.

- i. At the top left side of the roster, click the button to switch modes to “Public.”
  - ii. At the top right side of the roster, click on “Copy link.” A box will pop up with your group’s public URL. Select the text and press Ctrl-C on your keyboard to copy the link. Press “OK.”
5. Create your own email and send it to your list of adult leaders and students. Include the URL you just copied. Every member of your group will follow that link to our system. If they are new to SpringHill, they will be required to create a new account with basic emergency contact information before they can complete the health form and liability waiver.
  6. Once leaders and students complete forms, they will appear on your Roster as named.



# PRE-ARRIVAL INFORMATION FORM

## FALL PRE-TEEN RETREATS

Please complete this form online at <http://www.emailmeform.com/builder/form/c0D0nbHaE0f> or print and return it by fax it to 231.734.0045 or email to registermi@springhillcamps.com at least **7 days prior** to your scheduled retreat. Thanks for being prompt in getting this back on time.

### GROUP INFORMATION

Name of group: \_\_\_\_\_ Estimated arrival time: \_\_\_\_\_

Type of transportation to SpringHill: \_\_\_\_\_  
**Reminder:** When packing vehicles, separate boy/girl luggage for easier unloading upon arrival.

Name of leader attending: \_\_\_\_\_ Cell phone of leader attending: \_\_\_\_\_

### RETREAT ATTENDING

November 3-5, 2017     November 10-12, 2017

### GROUP BREAKDOWN

**Note:** You are responsible for your pre-reserved numbers and full payment is expected for that number.

Number of boy Students: \_\_\_\_\_ Number of sponsors for boys: \_\_\_\_\_

Number of girl Students: \_\_\_\_\_ Number of sponsors for girls: \_\_\_\_\_

Total number in group including adult sponsors: \_\_\_\_\_

### OPTIONAL FRIDAY NIGHT PIZZA DINNER (\$5/PERSON)

Will your group be participating in the Pizza Dinner?    Yes     No

Dinner is served from 5:30-7:30pm in the Dining Hall.  
Advance payment is required and non-refundable.

### SEVERE ALLERGIES

Please list severe or life-threatening allergies for any members of your group: \_\_\_\_\_

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Please complete this form and return it at least **7 days prior** to your scheduled retreat.

Online: <http://www.emailmeform.com/builder/form/c0D0nbHaE0f>

By fax: 231.734.0045

By email: registermi@springhillcamps.com

By mail: SpringHill Camps, PO Box 100, Ewart, MI 49631

# LEADER CHECKLIST

## AT LEAST 30 DAYS PRIOR TO EVENT

- Are you paid in full? Balance is due 30 days prior to retreat.

## AT LEAST 7 DAYS PRIOR TO EVENT

- Complete your Pre-Arrival Information Form (page 13 or online at <http://www.emailmeform.com/builder/form/c0D0nbHaE0fl>) and return it to 231.734.0045 or registermi@springhillcamps.com.

## PRIOR TO ARRIVING AT CAMP

- Ensure EVERY Adult leader, 18 and over, has completed the liability waiver online.
- Ensure EVERY student has a health form/waiver completed online.
- If any members of your group have severe or life-threatening allergies, please indicate them on your Pre-Arrival Information Form (page 13) and call with any questions.
- Divide your students into small groups and assign them to a responsible leader.
- Determine goals for your group. How do you plan on using this weekend in your overall ministry?
- Pray. Set the tone for the weekend.
- Establish and communicate behavioral expectations for your students and leaders.
- When packing vehicles, separate boy/girl luggage for easier unloading upon arrival.
- Mention to your drivers that it will take 30 minutes to get everyone settled once on camp, remain in vehicles until approached by a staff member.

# PACKING LIST

## ESSENTIALS AND STRONGLY RECOMMENDED:

- Seasonably appropriate clothing: Shorts, t-shirts, long pants, long sleeved shirts, sweatshirt
- Pajamas, underwear and extra socks
- Jacket or sweatshirt, hat and rain coat/poncho
- Modest one-piece swimsuit and towel for the pool
- Sturdy shoes and flip-flops or sandals
- Bath towel, washcloth, toiletries and comb or brush in a small bag to carry to bath house
- Sleeping bag and pillow
- Flashlight
- Refillable water bottle
- Backpack
- Bible, notebook and pen
- Bug spray
- Camera and charger
- Dirty laundry bag

Please note: sturdy, close-toed shoes and long pants are REQUIRED for horseback riding and paintball and a long sleeve shirt for paintball regardless of weather. Close-toed shoes are also required for most climbing and high-adventure activities.

## PLEASE DO NOT BRING:

SpringHill is not responsible for any lost, damaged or stolen items.

- Alcohol, tobacco or non-prescription drugs  
**Please note:** all medications, including those available over-the-counter, should be kept by a leader, locked and away from where students can access them.
- Firearms, Fireworks or sparklers
- Valuables like cell phones, iPods, MP3 players and video games
- Pets
- Homework
- Anything standing between you and what God has planned for you this weekend

# DRIVING DIRECTIONS

## FROM GRAND RAPIDS:

Follow 131 North to US 10 East (exit 153).

Turn right onto US 10 and follow 13 miles to Evert. Turn left on 95th Avenue at the blinking light. Follow for 2 miles and you'll see the Main Entrance to SpringHill on the left. Follow the camp road to the parking lot across from the New Frontiers Dining Hall.

## FROM LANSING:

Take US 127 North to US 10 West.

Merge onto US 10 West toward Ludington/Cadillac and follow 27 miles to Evert. Turn right at the blinking light at 95th Avenue. Follow for 2 miles and you'll see the Main Entrance to SpringHill on the left. Follow the camp road to the parking lot across from the New Frontiers Dining Hall.

## FROM DETROIT:

Use I 75 North to US 10 West.

Follow I-75 N - Take exit 162B for US-10 W toward Midland. Just after Clare, use the right 2 lanes to take exit 162 for US 10 W toward M-115/Ludington/Cadillac and follow to Evert. Turn right at the blinking light at 95th Avenue and follow 2 miles. You'll see the Main Entrance to SpringHill on the left. Follow the camp road to the parking lot across from the New Frontiers Dining Hall.

**STREET ADDRESS**  
**7717 95th Ave.**  
**Evert, MI 49631**

SpringHill, IN	85	428
Traverse City		
South Bend, IN	116	200
Lansing	85	116
Grand Rapids	242	85
Fort Wayne, IN	190	242
Detroit	364	190
Columbus, OH	340	364
Cleveland, OH	290	340
Chicago, IL	185	290
Ann Arbor		
<b>SpringHill Michigan</b>	<b>185</b>	<b>Miles</b>

