



*Fall
Women's
Retreat!*

October 1-3, 2010

With Dee Brestin
and music by

Sarah Scharbrough

GOD,
our comforter.

WEEKEND SCHEDULE

Upon arrival to camp please get updated schedule

Friday, October 1st

- 6:00 pm Registration – New Frontiers Dining Hall (NFDH)
Activity/Breakout Sign Ups NFDH
(Limit of 2 activities & 1 craft)
- 7:00 – 7:30 Tram Tours – New Frontiers Dining Hall Walkway
(Recommended for 1st Timers)
- 8:00 - 9:45** **GENERAL SESSION 1 – Olson Auditorium**
Dee Brestin – Speaker “The Comfort of Friendship”
Sarah Scharbrough – Worship Leader
- 10:00 pm Snack & Breakout Sign Ups – NFDH
Registration WC
Activity Sign Ups (Limit of 2) TP
Indoor Pool is Open
- 10:15 pm Night Hike OF
- 11:00 pm – 6:00 am SHHH...Quiet Hours Please.



Saturday, October 2nd

- 7:00 – 8:30 am** **Breakfast - NFDH**
7:00 – 7:30 Pool is Open for lap swim
7:30 – 8:00 “Wake Me Up” Water Aerobics PO
- 7:45 – 8:45 Late Registration – WC
Tram Tour – NFDH
Activity Sign-Up (unlimited) – TP
- 8:00 – 8:15 Morning Devotion with Dee – OF
- 9:00 – 10:30** **GENERAL SESSION 2 – Olson Auditorium**
Dee Brestin – “The Comfort of the Bridegroom”
Sarah Scharbrough – Worship
- 10:45 – 11:45 **BREAKOUTS**
Divine Delays OA
A Holy Dwelling CR
Changing the World SR
Prayer Walk PR
- 11:30 – 1:30 **Lunch Buffet – NFDH**
- Noon – 1:00 **BREAKOUTS & ACTIVITIES**
Divine Delays OA
Craft – Silk Scarves EC Gym
Craft – Tie Dye EC Gym
Prayer Walk PR
New Frontiers Zipline NFZL

MEETING PLACE KEY

CR	Catapult Room (upstairs EC)
CRR	Crossroads Ranch
CCHR	CoCo High Ropes
CCZL	CoCo Zipline
NFCW	New Frontiers Climbing Wall
EC	Endeavor Center (Gym)
FH	Freedom Hall
FHD	Founder’s House Drive
FHG	Founder’s House Gazebo
GR	Game Room (upstairs EC)
LI	Library
LS	Lillie Station
LB	Long Barn
NFDH	New Frontiers Dining Hall
NFHR	New Frontiers High Ropes
NFZL	New Frontiers Zipline
OA	Olson Auditorium
OF	Outdoor Fireplace @ NFDH
PB	Paint Ball Field
PO	Pool
PR	Pine Ridge
RR	Riflery Range
SR	Summit Room (upstairs EC)
TP	Trading Post
WC	Welcome Center @ NFDH



WEEKEND SCHEDULE (cont.)

Upon arrival to camp please get updated schedule

12:30 – 1:00

Tram Tour – NFDH Walkway

1:15 – 2:15

BREAKOUTS & ACTIVITIES

Changing the World SR
Prayer Partner LI
Prayer Walk PR
Craft – Stone Chapel LS
Craft – Silk Scarves EC Gym
Craft – Tie Dye EC Gym
River Canoeing (3 HR) WC
High Ropes NFHR (2 HR)
Horseback Trail Ride CRR
Riflery RR
New Frontiers Zipline NFZL
Paintball PB

2:30 – 3:30

ACTIVITIES

Prayer Partner LI
Prayer Walk PR
Craft – Stone Chapel LS
Craft – Bead Bracelet FH
River Canoeing (cont. 2nd HR)
Climbing Wall NFCW
Water Aerobics PO
High Ropes (cont.)
Horseback Trail Ride CRR
Paintball PB
Copper Country Zipline CCZL

3:45 – 4:45

ACTIVITIES

Prayer Partner LI
Prayer Walk PR
Ping Pong Tournament GR
Craft – Stone Chapel LS
Craft – Bead Bracelet FH
River Canoeing (cont. 3rd HR)
Water Aerobics PO
Horseback Trail Ride CRR
High Ropes (2 HR) NFHR
Copper Country Zipline CCZL

5:00 – 6:00

BREAKOUTS & ACTIVITIES

God Moments CR
Craft – Stone Chapel LS
Craft – Bead Bracelet FH
Horseback Trail Ride CRR
High Ropes (cont.) NFHR
Prayer Walk PR



TRADING POST HOURS

Friday

6:00 pm - 7:45 pm
10:00 pm - 11:00 pm

Saturday

7:45 am - 9:00 am
10:45 am - 7:15 pm

Sunday

8:00 am - 9:00 am
10:45 am - 2:00 pm

GOD,
our comforter.

WEEKEND SCHEDULE (cont.)

Upon arrival to camp please get updated schedule

5:00 – 7:00	Dinner Buffet - NFDH
6:00 – 7:00	New Frontiers Zipline NFZL
7:30 – 9:00	GENERAL SESSION 3 – Olson Auditorium Dee Brestin – “The God of All Comfort”
9:00 – 9:30	Coffee House with Sarah Scharbrough GR
9:45	Snack NFDH
10:15	Night Hike Outdoor Fireplace NFDH Campfires – per signup
11:00 pm – 6:00 am	Quiet Hours...SHHHH



Sunday, October 3rd

7:00 – 8:30 am	Breakfast - NFDH
7:00 – 7:30	Pool open for Lap Swim
7:30 – 8:00	“Wake me Up” Water Aerobics PO
8:00 – 8:15	Morning Devotion with Dee OF
9:00 – 10:45	GENERAL SESSION 4 – Olson Auditorium Dee Brestin – “If God is The God of All Comfort, Why So Much Pain?” Sarah Scharbrough - Worship
11:00 – 12:00	BREAKOUTS A Holy Dwelling SR God Moments CR
11:15 – 12:15	ACTIVITIES Prayer Partner LI Prayer Walk PR Craft – Stone Chapels LS Craft – Bead Bracelet FH Archery AR Riflery RR New Frontiers Zipline NFZL
11:30 – 1:30	Lunch - NFDH

SPRING WOMEN’S RETREAT

April 29 - May 1, 2011

Julie Barnhill - Speaker

juliebarnhill.com

Susan Gray - Music

GOD,
our comforter.

WHO'S HERE THIS WEEKEND?

Dee Brestin



Dee Brestin's book *The Friendships of Women* was released in 1987, which went on to become a classic, selling over a million copies. For twenty-five years Dee has profoundly impacted the hearts of women through her internationally published Bible studies. Dee is unique as a speaker in that she believes in helping women see the powerful truth of God's Word as well as hear it through dramatic audio-visuals. Her teaching evokes both laughter and tears.

This weekend Dee will be teaching on:

God, Our Comforter

The Comfort of FRIENDSHIP - We will start our weekend out with how God blesses us with women who affirm us and point our gaze to Jesus while looking at the friendship between Mary and Elizabeth in Luke 1 and 2.

The Comfort of The BRIDEGROOM will focus on three love stages and how Mary of Bethany went through these in her relationship with Christ.

- * First Love – Luke 10:38-42
- * Wilderness Love – John 11:1-44
- * Invincible Love – John 12:1-8

The GOD of All Comfort will take us to an in-depth look at the lament of Psalm 42. What questions does the author keep asking of his soul? Can you find four water pictures and contemplate upon them?

If God is the God of all COMFORT, Why So Much Pain? To end our time, we will look at the love story of Jacob and Rachel found in Genesis 28 - 31. Consider how Leah was not loved – and the transformation that takes place in her.

Sarah Scharbrough

Throw in a little pop, a little jazz and blues, a little country, and a little gospel, and you begin to describe the eclectic mix that makes up Sarah's piano-driven and soulful sound. She, accompanied by her husband/drummer Jeff McLaughlin and brother/guitarist Steve Scharbrough, have logged thousands of miles nationwide on a journey of songwriting and performing.

Her songs will keep you groovin' and resonate with your soul. This is what Sarah's music is all about: singing the praises of real life—the life that you can feel down to your toes and the life that surpasses this present reality.



BREAKOUT DESCRIPTIONS

DIVINE DELAYS; Jason Hoffer - It is sometimes hard to understand a God who doesn't do things right when we ask him. God has his own timeline that often frustrates us, usually confuses us, but always gives us exactly what we need. Come engage and take a look in the scripture at how we are to live in relationship with a God who waits.

A HOLY DWELLING; Ann Dorries - Do you ever wonder where God is when bad and hard events happen in our life? Come be encouraged by the life applications found in Jeremiah 24 and 29. We will learn to dwell IN our troubles and not ON them. God has answers for our "how and why" questions. He truly desires to prosper and not harm.

CHANGING THE WORLD; Michael Perry - Michael will share findings from a research project discussing the spiritual development of pre-teen kids. Glean a better understanding on how a generation can change the world. Learn what we as parents and the Church can do to raise a generation of Spiritual Champions.

GOD MOMENTS; Carol Gall - Every minute of every day is a gift from God. Then there are those moments that God reveals His presence in such a way that our lives are forever changed. View a multimedia presentation that shares experiences from both missions and children's ministry that will deepen your faith.

CRAFTS

Bead Bracelets by Tracy Fair	\$ 8.00
Stone Chapels by AnneMarie Krause	\$ 6.00
Watercolor Silk Scarves by Kate Hust	\$ 7.00
Tie Dye by SpringHill Staff	\$10.00

GOD,
our comforter.

ACTIVITY INFORMATION

There are numerous activities available this weekend! The options are wide open! The best part is - you will experience memorable moments that are unique to a weekend away at SpringHill. To find the times when the following choice activities are available, please refer to your weekend schedule. An asterisk means you need to sign up for activities unless noted otherwise & remember that you can only sign up for two activities on Friday.

Archery (no charge) Robin Hood could shoot an arrow so straight he could hit the same spot twice! Can you? Release your inner Olympian and see if you can get a bull's eye!

CampFire* (no charge) Join one of two locations offered to sing, clap your hands, and hear a testimony of how Christ can change your life.

Climbing Wall (\$5) With various levels of difficulty ranging from the beginner to the expert, this New Frontiers tower has a challenge for everyone. In the case of inclement weather, test your skill on our 30' indoor tower located in the Endeavor Center Gym.

High Ropes* (\$10) Work this course with a few friends. Together you will conquer challenges which require teamwork, balance, courage, and persistence...all while 20' in the air! (2 hour block)

Horseback Trail Ride* (\$10) Explore the backlands of SpringHill on the back of a horse! We'll saddle them up and lead you on a 45-minute leisurely trail ride.

Indoor Pool (no charge) The pool will be open per the weekend schedule and staffed with a life guard. Lap swim times are also noted in the schedule.

Lake Canoeing/Kayaking (no charge) Grab a friend and enjoy a quiet ride across the peaceful waters of Lake Jasper in one of our kayaks or canoes. Please wear a life jacket.

Night Hike (no charge) Take a fun and adventurous walk in the dark. You'll gaze at the stars and use your senses to explore the night woods at camp. Offered both Friday & Saturday night.

Paintball* (\$10) Gear up for an adventure in the woods with a paintball maker and moving targets (a.k.a. your friends)! Don't wear your Sunday best for this one!

Prayer Partner (no charge) If you are in need of prayer for yourself or a loved one, stop by the library to share the request and be prayed for in a comfortable environment one-on-one.

Prayer Walk (no charge) Enjoy a walk in the woods while signage points the way and the Holy Spirit moves within while reading scripture, and being alone with God and creation. Begin at Pine Ridge.

Riflery (\$5) Ready, Aim, Fire! Shoot 20 shots with a .22 caliber rifle at the rifle range.

River Canoeing* (\$25 per canoe) Enjoy a peaceful journey down the Muskegon River in one of our canoes. You will be bused to and from the river. (3 hour block)

Tennis Courts (no charge) Tennis anyone? Bring your racquet along to play anytime on one of our three outdoor courts.

Tram Tour* (no charge) Whether you're a first timer or a veteran to SpringHill, you will not want to miss the opportunity to acquaint yourself with all SpringHill has to offer.

Water Aerobics (no charge) Come be energized as you're led in a low-impact workout at the pool! You'll burn a few calories and have fun while you're at it!

Zipline (\$5) Come experience one of the most anticipated activities as camp. You're harnessed in for an exhilarating ride as you "zip" down a cable! Two to choose from...try them both!

***Sign up needed. All others, just show-up.**

PACKING/ARRIVAL INFORMATION

DIRECTIONS

SpringHill is located 85 miles north of Grand Rapids in Evart, Michigan. From Grand Rapids you travel north on 131 to Reed City (exit 153), then take US-10 east to Evart. From Lansing you travel north on 27 to US-10 west to Evart. From Traverse City, Evart can be reached by traveling south on 131 and then east on US-10. From Detroit, travel north on I-75 to US-10 west to Evart. Once you reach Evart via US-10, look for the only flashing yellow light at 95th Avenue. Turn north and travel for 1.8 miles. SpringHill has a lighted sign on your left-hand side.

REGISTRATION

After you pull into SpringHill's main entrance, veer right and park. Registration for the weekend takes place beginning at 6:00 in the New Frontiers Dining Hall. Once you are registered you may drive to your housing area to get settled for the weekend.

ACTIVITY/BREAKOUT SESSION SIGN-UP

There is so much to do at SpringHill! You will have many choices but limited time this weekend. Activity descriptions and prices can be found on the previous page. Consider thinking about which breakouts or activities are most important to you! Some activities require a sign-up because of instruction and/or limited numbers. Some activities require an additional fee. Breakout and Activity Sign-ups will be held in the New Frontiers Dining Hall (NFDH) Friday night. Activities fill on a first come, first serve basis. However, there is a LIMIT of TWO activity sign-ups on Friday as well as ONE craft. This will assure open spots to people who are not able to arrive between 6:00-7:45pm. Sign-up for activities and crafts will be unlimited beginning Saturday morning at 7:45am in the Trading Post. Activity descriptions and prices can be found on the previous page. Breakout sign-ups are available all weekend in the NFDH and are unlimited.

FRIDAY NIGHT SNACK

During breakout and activity sign-ups in the NFDH, snacks are provided for you to enjoy. However, if you desire a full meal on Friday night you can find restaurant chains like Mancino's, McDonald's, Subway, and BC Pizza just a few miles away. Evart is also the home of several local restaurants you can enjoy. A late night snack will be provided for you around 10:00 at camp as well. Please know that you will not walk away from the weekend feeling hungry!

WHAT SHOULD I PACK?

🍁 Adult Liability Waiver

🍁 Bible

🍁 Journal or Notebook

🍁 Seasonally appropriate clothing

🍁 Bedding and a pillow

🍁 Raincoat

🍁 Toiletries

🍁 2 pair of shoes (at least one pair of gym shoes)

🍁 Flashlight

🍁 Swimsuit and towel

🍁 Spending money (for some activities, trading post, etc.)

🍁 A willingness to have F-U-N!

Optional Items

🍁 Tennis Racket

🍁 Ear Plugs (yes...women snore too)

🍁 Fan (to drown out unfamiliar sounds)

*GOD,
our comforter.*



Adult Liability Waiver for Retreats

Retreat Attending: Women's Fall Retreat Dates: October 1-3, 2010

I recognize that certain hazards and dangers are inherent in the SpringHill events and programs and particularly, but not limited to, the activities of horseback riding, swimming, high adventure areas, paintball, and extreme sports, I acknowledge that although SpringHill has taken safety measures to minimize the risk of injury to participants, SpringHill cannot insure nor guarantee that the participants equipment, premises, and/or activities will be free from hazards, accidents, and/or injuries. I further recognize the importance of knowing and abiding by the camp's rules, regulations, and procedures for the safety of activity participants.

In consideration of SpringHill accepting and permitting me to attend camp and participate in the camp's activities, I agree that SpringHill, a non-profit corporation, its agents, officers, employees, trustees and volunteers will not be liable for any injury, death, damage and/or loss to me and/or anyone claiming on my behalf, and I further agree to hold harmless, indemnify and defend SpringHill, its officers, agents, employees, trustees and volunteers for and from any and all damage during the time of my attendance and participation at SpringHill, whether such injury, illness, or damage occurs on or off the camp's premises.

I certify that photographs or videotape pictures of myself participating in the SpringHill programs may be reproduced and utilized for promotional materials for the camp.

I am at least eighteen (18) years of age and I am under no mental or legal disability which would prevent me from signing and executing this agreement. I further represent that I have read (or have had read to me) and understood the terms of this agreement.

Group Name

Name

Address

City State Zip

Home Phone () _____

Email

Signature Date

Witness Signature Date

Witness Address Witness City, State, Zip

(Signature must be witnessed by a person over 18 yrs old, other than your immediate family)

